

Health & Well-Being Track

REQUIRED (6 UNITS):

PSYC 474: Health Psychology
PSYC 476: Racial/Ethnic Health Psychology

BIOPSYCHOSOCIAL FACTORS IN HEALTH & WELL-BEING (CHOOSE 3; 9 UNITS):

PSYC 306: Biopsychology
PSYC 341: Abnormal Psychology
PSYC 362: Psychology of Aging
PSYC 475: Psychopharmacology

OUTSIDE THE DEPARTMENT COURSE (CHOOSE 1; 3 UNITS)

AGNG 313: California Gold: Diversity and Aging
AMST 418: Food and American Culture
AMST 438: American Minds: Images of Sickness and Health
ANTH 308: Culture and Aging: Anthropological Gerontology
ANTH 342: Anthropology and Health
ANTH 442: Medical Anthropology
BIOL 360: Biology of Human Sexuality
CAS 328: Child Life Theory and Practice
CHIC 338: Barrios and Health
KNES 383: Psychology of Sport and Physical Activity
LBST 325: Cross-Cultural History of Medicine
PHIL 314: Medical Ethics
PUBH 321: Drugs and Society
PUBH 342: Stress Management
PUBH 350: Nutrition
PUBH 353: Physical Activity and Lifelong Well-Being
PUBH 358: Contemporary Issues in Children's Health
SOCI 360: Sociology of Death and Dying

RECOMMENDED MINORS:

Public Health (21 Units):

<https://hhd.fullerton.edu/pubh/program-prospective-student/minor.html>

Human Services (21 Units):

<https://hhd.fullerton.edu/husr/degree/minor.html>