



HEALTH & WELL-BEING TRACK

REQUIRED COURSES (6 UNITS)

PSYC 474: Health Psychology
PSYC 476: Racial/Ethnic Health Psychology

BIOPSYCHOSOCIAL FACTORS IN HEALTH & WELL-BEING (CHOOSE 3 COURSES; 9 UNITS)

PSYC 306: Biopsychology
PSYC 341: Psychological Disorders
PSYC 362: Psychology of Aging
PSYC 475: Psychopharmacology

OUTSIDE THE DEPARTMENT COURSE (CHOOSE 1 COURSE; 3 UNITS)

AGNG 313: California Gold: Diversity and Aging
AMST 418: Food and American Culture
AMST 438: American Minds: Images of
Sickness and Health
ANTH 308: Culture and Aging: Anthropological
Gerontology
ANTH 342: Anthropology and Health
ANTH 442: Medical Anthropology
BIOL 360: Biology of Human Sexuality
CAS 328: Child Life Theory and Practice
CHIC 338: Barrios and Health

KNES 383: Psychology of Sport and Physical
Activity
LBST 325: Cross-Cultural History of Medicine
PHIL 314: Medical Ethics
PUBH 321: Drugs and Society
PUBH 342: Stress Management
PUBH 350: Nutrition
PUBH 353: Physical Activity and Lifelong Well-
Being
PUBH 358: Contemporary Issues in Children's
Health
SOCI 360: Sociology of Death & Dying

HUMAN
SERVICES
(21 UNITS)



RECOMMENDED
MINORS:



PUBLIC
HEALTH
(21 UNITS)